Council Liaison
Cecil Booth



Commission Members
Judy Shaefer
Roger Collins
Sarah McDaniel
Archie Milam

CITY OF ANGLETON, TEXAS PUBLIC NOTICE OF A SENIOR CITIZEN COMMISSION MEETING MONDAY, NOVEMBER 2, 2020, 11:30 A.M. 1601 N. VALDERAS ANGLETON, TEXAS 77515

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, NOVEMBER 2, 2020, AT 11:30 A.M., AT THE ANGLETON RECREATION CENTER LOCATED AT 1601 N. VALDERAS ANGLETON, TEXAS 77515.

In accordance with an Order of the Office of the Governor issued March 16, 2020, the City Council of the City of Angleton, Texas will conduct the meeting scheduled at Monday, November 2, 2020, at 11:30 A.M., at The Angleton Recreation Center located at 1601 N. Valderas Street Angleton, Texas 77515 and will be live-streamed on Facebook live at https://www.facebook.com/cityofangleton/ to advance the public health goal of limiting face-to-face meetings (also called "social distancing") to slow the spread of the Coronavirus (COVID-19). The City will follow the minimum recommended health protocols as set forth by the Texas Health and Human Services.

AGENDA

- 1. Declaration of a quorum and call to order.
- 2. Approve the minutes of Senior Citizen Commission meeting of September 21, 2020.
- 3. Workshop for the Senior Citizen Commission Strategic Plan. (Pat Aschenbeck)

HOUSING

No Update

TRANSPORTATION

4. Discussion on Park & Recreation bus wrap (Pat Aschenbeck)

HEALTH CARE

No Update

LEGISLATIVE

No Update

RECREATION

- Recreation Update (Pat Aschenbeck)
 - a. Christmas party update
 - b. Virtual programing update
- 6. Items for next meeting
- 7. Adjournment

CERTIFICATION

I, Pat Aschenbeck, Recreation Specialist, do hereby certify that this Notice of a Senior Citizen Commission Meeting was posted on the City Hall bulletin board, a place convenient and readily accessible to the general public at all times and to the City's website, www.angleton.tx.us, in compliance with Chapter 551, Texas Government Code. The said Notice was posted on the following date and time: Friday, October 30, 2020, by 11:30 a.m. and remained so posted continuously for at least 72 hours proceeding the scheduled time of said meeting.

/S/Pat Aschenbeck

Pat Aschenbeck Recreation Specialist

In compliance with the Americans with Disabilities Act, the City of Angleton will provide reasonable accommodations for persons attending City meetings. The facility is wheelchair accessible and accessible parking spaces are available. To better serve you, please send your requests in advance. Please contact the City Secretary at 979-849-4364, extension 2115 or email faquilar@angleton.tx.us.



MEETING DATE : 11/2/2020		<u>ITEM # 2</u>
PREPARED BY: Pat Aschenbeck		
AGENDA ITEM TITLE: Approval of 2020.	f the Senior Citizen Commissi	on Meeting of September 21,
AGENDA ITEM SECTION: (choose or	ne below)	
☐ Ceremonial Presentation	☐ Consent Agenda☐ Public Hearing	☑ Regular Agenda☐ Executive Session
BUDGETED AMOUNT: N/A	FUNDS REQUESTED: N/A	FUND: N/A
EXECUTIVE SUMMARY:		
ATTACHMENTS (Attachment descri Minutes from September 21, 2020	ption):	
RECOMMENDATION:		



CITY OF ANGLETON SENIOR CITIZEN COMMISSION REGULAR MEETING MINTUES MONDAY, SEPTEMBER 21, 2020, 11:30 A.M. 1601 N VALDERAS ANGLETON, TEXAS 77515

THE FOLLOWING REPRESENTS THE ACTIONS TAKEN BY THE ANGLETON SENIOR CITIZEN COMMISSION IN THE ORDER THEY OCCURRED DURING THE MEETING. THE SENIOR CITIZEN COMMISSION OF ANGLETON, TEXAS CONVENED IN A REGULAR MEETING ON MONDAY, SEPTEMBER 21, 2020, AT 11:30 A.M. IN ROOM ONE OF THE ANGLETON RECREATION CENTER, 1601 N VALDERAS, ANGLETON, TEXAS.

- Declaration of a quorum and call to order.
 With a quorum present, Pat Aschenbeck, Recreation Specialist, called the Senior Citizen Commission meeting to order at 11:30 A.M.
- Approve the minutes of the meeting called on Monday, July 6, 2020.
 Upon a motion by Senior Commission Member, Judy Shaefer, and second by Senior Commission Member, Sarah Mc Daniel, Angleton Senior Citizen Commission approved the minutes of regular called meeting of July 6, 2020. The motion passed on a 3-0 vote.
- 3. Discussion on Senior Citizen Commission Strategic Plan.

 Pat Aschenbeck, Recreation Specialist, outlined what the strategic plan will consist of. Pat talked about Resolution 2004-R-3A and how the strategic plan will be created. The Commission will identify goals and objectives in regards to housing, transportation, health care, legislation, recreation and quality of life for seniors. To do so, staff will release a survey for seniors in the Angleton community and will utilize the feedback to create through a workshop with the commission a strategic plan. We will work on educating, advising and recommending these items to the Mayor and the City Council. Senior Commission Member Judy Shaefer talked about housing and what options are currently available to seniors in Angleton. Senior Commission Member Sarah Mc Daniel questioned all the different components in the strategic plan. Senior Commission Member Archie Milam questioned the timing of implementing this strategic plan now in regards to its relevance. He also noted that seniors may be on a fixed income.

HOUSING

No update

TRANSPORTATION

4. Discussion on Transportation Division updates.

Recreation Specialist, Pat Aschenbeck discussed the city entering into a contract with Enterprise to lease city vehicles. This contract will include a new recreational bus. Pat informed the members that the bus would be ADA compliant, and could feature tinted windows, an area for wheelchairs and hold 24 passengers or 20 passengers with 2 wheelchairs. The bus would be for senior programming as well as other programs at the rec center, including youth camps. Commission Member Archie Milam talked about the possibility of doing short trips, like Lunch Bunch. He added that restaurants are at 75% capacity. Pat made comment that the Governor had not made any recommendations for seniors to start gathering. Commission Member Sarah Mc Daniel made a comment about the Governor having a town hall meeting and that she would ask about senior gathering trips.

HEALTH CARE

No update

LEGISLATIVE

No update

RECREATION

5. Discussion on Recreation Division updates.

<u>Birthday Drive-Thru Update</u> - Recreation Specialist, Pat Aschenbeck discussed gathering quotes for lunches and went with Subway for a boxed sandwich lunch. There was a total of 59 lunches that were passed out with 8 of those being delivered by ActionS to seniors who could not drive. In the goodie bags there was a code for them to get on Zoom for a virtual celebration. There were 11 door prizes given out.

<u>Christmas Drive-Thru Update</u> – Recreation Specialist, Pat Aschenbeck worked on getting quotes for a hot meal for seniors. It was decided to go with Smithhart's for a hot turkey meal with dressing, mashed potatoes, green beans and a roll. Smithhart's will supply meals in individual containers as well as in warmer to keep warm. Seniors will also receive a goodie bag and a code for the Zoom virtual celebration. Staff currently has 10 door prizes. Commission Member Judy asked if more door prizes were needed and suggested that she will look into getting more.

<u>Virtual Classes Update</u> – Pat Aschenbeck, Recreation Specialist talked about the Chair Fitness, Cooking Class and the Craft Class and how all three were doing well.

<u>ActionS Update</u> – Pat Aschenbeck, Recreation Specialist discussed that ActionS was still passing out food to any senior in need and that they were still in need of

donations. Also, ActionS has set up a Senior Chat Line to call seniors just to talk, or seniors to call if they feel the need to talk to someone.

- 6. Items for the next Senior Citizen Commission meeting.
 Pat set the next meeting for October 19th, during which time the commission will conduct the strategic planning workshop. Commission Member Judy would like to discuss the Senior Christmas Drive-Thru and receive an update during the next meeting.
- Adjournment.
 Pat Aschenbeck, Recreation Specialist, adjourned the meeting at 12:05 P.M.

ATTEST:

Pat Aschenbeck
Pat Aschenbeck
Senor Coordinator



MEETING DATE : 11/2/2020		<u>ITEM # 3</u>
PREPARED BY: Pat Aschenbeck		
AGENDA ITEM TITLE: Workshop or	n the Senior Citizen Commissio	on Strategic Plan.
AGENDA ITEM SECTION: (choose or	ne below)	
☐ Ceremonial Presentation	☐ Consent Agenda ☐ Public Hearing	☑ Regular Agenda☐ Executive Session
BUDGETED AMOUNT: N/A	FUNDS REQUESTED: N/A	FUND: N/A

EXECUTIVE SUMMARY:

From the last Senior Commission meeting it was discussed that we would create a Strategic Plan. Staff and the Senior Commission will have a workshop to create the Strategic Plan. We went live with a survey on September 22nd and it closed on October 12th, we received 25 responses back from the survey. We will work to come up with a strategy for each of the following: Housing, Transportation, Healthcare, Legislation, Recreation, and Quality of Life. Staff and the Senior Commission will assess the answers to the survey questions and determine the identifying issues.

ATTACHMENTS (Attachment description):

Results of the survey questions. 2020-2021 Strategic Plan

RECOMMENDATION:

NA

What needs and or issues do seniors face with housing?	What needs or issues do seniors face with transportation?	What needs or issues do seniors face with healthcare?	What issues are of most concern to seniors in regards to current legislation?	What needs and or issues do seniors face with recreation?	In what ways can the quality of life be enhanced for seniors in the Angleton community?
wheelchair and walker access to Non-driving seniors need rides houses without them to grocery stores, doctors		high cost of hearing aids	high cost of medications and health care	Exercise, social opportunities, craft classes	Instructional classes concerning senior needs (health, safe exercise, seniors helping seniors such as calling and checking on them and inviting /informing them of activities
Some seniors on a fixed are having a hard time paying for housing	Some have no vehicle and are unable to use public transportation	Medicare does a good job with generic drugs but anything else is ridiculous. I have friends having a terrible time with insulin		Prior to COVID the Rec ctr had great programs for seniors. Pat had great things going on. We cannot exercise there now because a mask has to be used. The Wednesday game day was excellent and also the craft class. I believe that more participation could be by seniors if transportation was provided to the center	I believe a lot of seniors are living be themselves and loneliness is a big factor. They are probably unaware of opportunities or unable to get there because of no transportation
Need more low income	Need home pickup	More options besides utmb	Social security, health insurance, cost of living	Need no cost to reccenter	Better transportation, health care options, discounts
High rates for housing.	Limited public transportation.	Limited healthcare options.	Low social security benefits.	Small number of parks or recreation facilities.	A better quality of life can be obtained with more attention place on the issues stated above.
There is a shortage of patio/condominium type of homes for seniors looking for low maintenance housing	Improvements have been made but additional sidewalks and bike paths would be helpful.	None that I know of.	Medicare and social security funding are of vital importance.	Just need to get the pandemic under control so that use of rec center is safe.	Same answer as 5.
Too expensive for fixed incomenone	None	None	Retired teacher pay raise	None for me	Skipped
Housing that cannot be raised yearly for those on fixed income.	Cannot answer that as I have my own car.	More Urgent Care facilities that take Medicare.	DO NOT TOUCH our Social Security and Medicare. It's all we have!	More Senior exercise classes and walking groups.	All of the above.
Being able to stay in your home without being faxed out of it.	At this point, I can still drive my own car. But when there comes a time that I can't, I hope there is a form of good public transportation.	Mainly, rising cost for medication. Affordable healthcare.	Affordable healthcare.	Staying active, which is key to having an active body and mind. We participated in the senior classes before the pandemic. I hope they will continue at some point.	think the City of Angleton has done a pretty good job of taking care of their seniors. We are a member of the Rec Center. We participate in senior trips and the Lunch Bunch. We also participate in the senior exercise classes which are wonderful. We love the Senior Birthday Party and Christmas Party. Socialization is so important.

It is very hard to get into Sr apartment in Angleton. You are only allowed to make a certain amount and if you are that low income that doesn't leave much for electric bill	d it is	Not many specialist in Angleton	It effects the recreation center rocut backs on classes	We lost our Sr exercises.We need our body blast and strength exercises back	Safe places to walk and. A grocery store on the south side of town. More homes are being built on south side of town and no grocery store.
Price	Respondent skipped this question	Figuring out the best coverage for them	Understanding what the candidates stand for	Transportation to and from activities	Keep active. Variety of activities
Fixed income and availability	Some don't or are too old to drive up	Can't afford anything elective because barely making it.	Medicare and Social Security	Physical ability to be active and access to programs designed for senior level participation	Resume programs at rec-center that allow for participation of seniors taking precautions to avoid health concerns
Maintenance; Property Taxes; Insurance while on fixed income.	access primarily for medical appointments; groceries and other products are now easily available with delivery	confusing Medicare benefits; confusing medical billing by providers; confusion over Medicare supplement plans	not knowing what to believe from any source	access; encouragement; helpers; transportation to	encourage families to take care of the their loved ones develop volunteer services for those without family support
House payment, insurance, Car paymmaintenance, electric bills, taxes insurance	Car payments, maintenance, insurance	Drugs and the donut hole.	Medicare and social security	Reasonable prices for health club	Trips at an affordable price. Game days and parties for seniors.
Outdoor exercise and comradeshipCOVID free	No crowding in vehicles.	More easy to comprehend education of really protective masks and sanitizing foodstuffs. Where to get corona testing covered by Medicare.	What choices do we have.	You're kidding? Outdoors with sunshine and fresh air. Actions gave us a wonderful program before	Actions and the activity center had wonderful programs before COVID. NOW not so much. Seeing that we have some good nutrition is a worthy and admirable achievement. However many of us are under stress from loneliness.
Not enough units available	Need more parking for seniors not necessarily handicapped	Cost	Respondent skipped this question	Availability	The recreation center to open for events and social activities
ذ	د	ذ	Healthcare Safe towns	Covid shut down senior trips	Keep funding the senior activities and trips at the Rec Center.
Lack of money and sometimes no family around	Some need handicapped that cannot reach the bus of transportation.	Many don't have healthcare.	Some don't understand and a lot don't care about it.	Their health and transportation to get to center.	Take into consideration that they need more help that is given to them.
Security, affordable entertainment, affordable cable	Need to ensure transit busses stop at senior citizen facilities	Respondent skipped this question	I dont care about politics	Respondent skipped this question	Respondent skipped this question
None	None	None	We need lower property taxes.	Continue senior programs at rec center.	Am happy with the quality of my life.
Affordable, safe and flood free housing	Safe mode of transportation to Affordable healthcare and businesses	Affordable healthcare and medicine	Healthcare	Respondent skipped this question	Sidewalks in every neighborhood and handicap access to businesses and restaurants.

We need acce Repairs and affordable housing. transportation.	ss to	U We need affordable health care/Medicine reduction.	Legislation needs show seniors more appreciation, love, dignity and expreciation, love, dignity accessories when it comes to concerning seniors.	asy	More senior activities.
Affordability	More pick up locations for the public transport	Cost of medication too high	No cost of living increase	Respondent skipped this It question	Have designated shopping times in all grocery stores
I think Angleton has good housing for seniors. The problem is some are too costly for seniors on a limited budget.	For seniors who don't drive it can be a long walk to bus stops.	The rising cost of medications.	If they take away social security from seniors that would be bad.	the Recreation Center has very rigood trips for seniors.	Have more walking trails at parks, better restaurants in town and more exercise programs for seniors.
High taxes	Lack of information as to what is available	Not enough insurance choices in county to be competitive. UTMB immediately sends all patients to Lack of information as to what Galveston when we have hospital is available here we are double taxed on.	Loss of social security and/or tax increases on SS. Drug prices. invites and transportation		Sometimes they just need someone to check on them at their home and spend time/visit/listen. Not all seniors can or want to go to rec center for recreation/socializing.
Security	More Uber or a taxi service would be nice	More of a variety/choice of specialists in this area	Respondent skipped this question	Higher end planned retirement There only seem to be organized communities would be great. Not activities during the day for just for lower income or sickly retired seniors.	Higher end planned retirement communities would be great. Not just for lower income or sickly ones. Think Sun City

2020-2021 STRATEGIC PLAN

City of Angleton Senior Commission

(Board approved - and updated -)

The purpose of the senior citizens	commission is to communicate the nes	ds and issues of seniors living in Angle	eton, TX to the Mayor and City
COMPONENT COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1, Housing	A. Identify Issue B. Identify Issue		
2. Transportation	A. Identify Issue B. Identify Issue		
3. Healthcare	A. Identify Issue B. Identify Issue		
4. Legislative	A. Identify Issue B. Identify Issue		
5. Recreation	A. Identify Issue B. Identify Issue		
6. Quality of Life	A. Identify Issue B. Identify Issue		



MEETING DATE : 11/2/2020		<u>ITEM # 4</u>		
PREPARED BY: Pat Aschenbeck				
AGENDA ITEM TITLE: Discussion or	n Parks and Recreation bus wr	ар.		
AGENDA ITEM SECTION: (choose or	ne below)			
☐ Ceremonial Presentation	☐ Consent Agenda☐ Public Hearing	☑ Regular Agenda☐ Executive Session		
BUDGETED AMOUNT: N/A	FUNDS REQUESTED: N/A	FUND: N/A		
EXECUTIVE SUMMARY: The Enterprise Fleet agreement was approved by City Council. This fall the Parks and Recreation will be receiving an ADA compliant 24 passenger bus and would like to install a wrap design developed and approved by the Parks & Recreation Board and Senior Commission.				
ATTACHMENTS (Attachment descri	ption):			
RECOMMENDATION: Click here to e	nter text.			





Schule Control of the Contential Sportspies
Opryland USA
Tennessee State Museum
Bleentennial Capital Mail State Park Johany Cash Myagum Warner Parks Lane Motor Museum Schermerhorn Symphony Center Centennial Park Nashville Zoo at Grassmere Tennessee State Capital Belle Meade Plantation Belcourt Theatre Riverfront Park Edwin Warner Park
Percy Priest Lake Jubilee Hall The District West park Andrew Jackson's Hermitage Country Music Opry Music Roy County Music Hall of Fame and Museum Parthenon **Belmont Mansion** Fort Negley Cumberland Park Funde Mar Don Park Paragon Mills









MEETING DATE: 11/2/2020		<u>ITEM # 5</u>
PREPARED BY: Pat Aschenbeck		
AGENDA ITEM TITLE: Discussion or	Recreation Division updates.	
AGENDA ITEM SECTION: (choose on	e below)	
☐ Ceremonial Presentation	☐ Consent Agenda☐ Public Hearing	☑ Regular Agenda☐ Executive Session
BUDGETED AMOUNT: N/A	FUNDS REQUESTED: N/A	FUND: N/A

EXECUTIVE SUMMARY:

Christmas Drive-Thru Update – Staff booked Smithhart's to provide meals for seniors to pick up. As of Tuesday, October 13, we have 19 signed up and are working with ActionS staff to provide the number of seniors that ActionS will be delivering to. We will be waiting until it gets closer to the cutoff date to purchase goodie bag items. I have 1 volunteer and am waiting to see if one or two Angleton High School Honor Society members are available to volunteer as well.

Virtual Classes Update – Staff will discuss the virtual classes including the new Indoor Gardening Class.

ATTACHMENTS (Attachment description):

Click here to enter text.

RECOMMENDATION:

NA



MEETING DATE : 11/2/2020		<u>ITEM # 6</u>
PREPARED BY: Pat Aschenbeck		
AGENDA ITEM TITLE: Items for the	e next meeting.	
AGENDA ITEM SECTION: (choose or	ne below)	
☐ Ceremonial Presentation	☐ Consent Agenda ☐ Public Hearing	☑ Regular Agenda ☐ Executive Session
BUDGETED AMOUNT: N/A	FUNDS REQUESTED: N/A	FUND: N/A
EXECUTIVE SUMMARY:		
ATTACHMENTS (Attachment descr	iption):	
RECOMMENDATION:		